

## Mansion House Surgery PPG Meeting Minutes

Meeting minutes: Tuesday 27<sup>th</sup> May 2025

Attendees		<p>Chair: Luise Leech.                  Secretary: Carole Younger                  Members: Kathy Slaughter, Jo Booth, Peter Brown and Trevor Prowse.                  Also: Anita Wilkinson and Julie Crellin (see item 3 below).</p>
Agenda Item		
1	Welcome and Introductions	Luise welcomed everyone to the meeting and Anita introduced Julie Crellin, a Community Cancer Awareness Worker.
2	Apologies for absence	Sue Graham.
3	Community Cancer Awareness Worker	<p>Julie Crellin the Community Cancer Engagement Officer gave a fascinating presentation which included prosthetics, information leaflets / flyers and visual aids.                  Julie said the presentations aim to raise cancer awareness, to reduce risk and improve outcomes due to early diagnosis.</p> <p>She highlighted ways to prevent or minimise the risk of cancer through lifestyle choices, e.g. stop smoking, lose weight, exercise more and consume alcohol in moderation. To emphasise this Julie showed a jar containing a shocking amount of a dark, viscous tar representing how much a smoker would produce in 1 year and a representation of a damaged liver.</p> <p>To improve outcomes, early diagnosis is essential. Julie stressed the importance of symptom awareness, self-checking and attending screening. Breast and testicle prosthetics containing a known number of typical lumps emphasised how difficult detection can be and why regular checking to highlight changes is so important. TLC: Touch Look Check. A key message is if concerned get it checked. Established screening programmes include those for Breast, Cervical and Bowel cancers. Lung cancer tests have recently also been offered to those deemed at highest risk. Unfortunately, there is still no programme for Prostate cancer screening as the blood test is not judged sufficiently reliable. However, anyone exhibiting symptoms should contact their GP for checks.</p> <p>There are age ranges and frequencies for each screening programme, e.g. breast screening is offered every 3 years for ladies between ages 50/53 and 71. However, Julie confirmed that all screenings can be requested outside the age ranges.</p>

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		<p>Concern was expressed that due to the success of an inoculation campaign cervical checks will be less frequent going forward. The HPV vaccine was initially introduced in September 2008 for girls in year 8 (12 / 13 years) and is highly (&gt;95%) effective. There have been catch-up campaigns however not everyone at risk has been offered HPV, e.g. if beyond a certain age individuals are judged to be sexually active (heterosexuals) which imparts some immunity. The approach may exclude those with some disabilities, those who are not sexually active, lesbians etc.</p> <p>Julie is keen reach as many people as possible by presenting to groups, meetings and community events. She is particularly hoping to reach those in deprived areas, rural communities, ESL, refugees etc. Jo offered some possible venues and groups.</p> <p>Luise thanked Julie for coming to the PPG and giving such an interesting and interactive presentation.</p> <p>Julie Crellin can be contacted through: primarycarenorthcumbria.co.uk/cancer <a href="mailto:nencicb-cu.cancerncumbria@nhs.net">nencicb-cu.cancerncumbria@nhs.net</a> @myhealthncumbria</p>
4	Approval and adoption of minutes of 4 <sup>th</sup> March 2025	<p>Luise reported that Graham Roberts has resigned as a PPG member, the circumstances were discussed but are not detailed in the minutes. The PPG thanked him for his past support.</p> <p>Luise thanked Carole for compiling the minutes and they were approved as a true and accurate of the meeting.</p> <p>Actions and matters arising are covered in item 5 below.</p>
5	Actions and matters arising	<p>One action from the 14<sup>th</sup> January meeting and 6 of the 7 actions from the 27<sup>th</sup> March meeting were judged complete with 1 action ongoing (March A6):</p> <p>Jan A1. Luise contacted Heather Naylor (Distington) and attended the Distington PPG on the 13<sup>th</sup> May, see item 7.</p> <p>March A1. Anita invited Julie Crellin to this meeting, see item 3.</p> <p>March A2. Carole sent a copy of the draft minutes to all members who had actions when it was issued to the chair for review. This will be adopted for future meetings.</p> <p>March A3. Anita has swapped the PPG board location and provided a PPG narrative to be posted on the new board. Anita provided board dimensions to Carole to enable March A4.</p>

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		<p>March A4. Carole sourced a header for the new PPG board. (post meeting note: the header / banner was provided to Anita).</p> <p>March A5. Anita asked the GPs, clinicians and surgery staff if there is something they require which the PPG could help acquire by fundraising. The answer was that nothing at the moment.</p> <p>March A6. Luise will put fundraising on a future PPG agenda (ongoing).</p> <p>March A7. Luise found that to become an NHS App Ambassador you must work for the NHS. She has registered an interest in case requirements change.</p>
6	Mansion House Surgery Update	<p>Anita provided a Mansion House Surgery update.</p> <p><u>Improvements and Initiatives</u> Anita confirmed that the building improvements are progressing well including concrete removal and re-rendering. It is a bit noisy but essential. Improving mental health provision: the surgery now has access to the services of a Health and Wellbeing coach. An OT from our Health and Well Being Team will be in each surgery for one day per week and is available through referral by a clinician such as a GP or ANP.</p> <p><u>Staff changes</u> Catherine Nolan, Senior Nurse, has now been formally appointed as Head of the Health Care Team. Action 1. Anita to record Catherine Nolans' appointment on Facebook and website. Action 2. Anita to invite Catherine Nolan to the next meeting.</p>
7	Distington PPG	<p>Luise attended Distington Surgery PPG on Tuesday 13 May at the invitation of Dr Heather Naylor, one of the Partners. Their PPG is in the process of being relaunched with some veteran members, as well as new blood. Luise explained how Mansion House Surgery PPG is run, as a 'critical friend' with the emphasis on friend rather than critical. Luise offered to provide any assistance they feel is required and invited them to attend our (Mansion House PPG) at any time.</p>
8	Fit Notes	<p>Action 3. Luise to put Fit Notes on the next agenda.</p>
9	Fundraising ideas	<p>See ongoing Action, Mar A6.</p>

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10	Any other business	None raised.
11	Date of next meeting	Tuesday 5 <sup>th</sup> August 2025
	Meeting close	Luise thanked the PPG and called the meeting to a close.
Actions placed		
Mar A6	Luise Leech	Luise will put fundraising on a future PPG agenda (ongoing).
1	Anita Wilkinson	Anita to record Catherine Nolans' appointment on Facebook and website.
2	Anita Wilkinson	Anita to invite Catherine Nolan to the next meeting.
3	Luise Leech	Luise to put Fit Notes on the next agenda.